

**VSA FALL 2025 PRACTICE SCHEDULE
U9-U10 POD 1 & FUTURES
CLUB CONCEPT (CC) START: AUG 19
SCHEDULE SUBJECT TO CHANGE**

FUTURES BOYS

TUESDAY — 5:00PM — 5:55PM — LP FIELD 5
THURSDAY — 5:00PM — 5:55PM — LP FIELD 5

17B PULISIC / POD 1

MONDAY — 5:00PM — 6:25PM — LP FIELD 5A-2
TUESDAY — 6:00PM — 7:15PM — LP FIELD 6B-2
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5B-1

17B MCKENNIE / POD 1

MONDAY — 5:00PM — 6:25PM — LP FIELD 5A-2
TUESDAY — 6:00PM — 7:15PM — LP FIELD 6B-2
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5B-1

16B PULISIC / POD 1

MONDAY — 6:35PM — 8:00PM — LP FIELD 5A-2
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5B-1
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 1B-2

16B MCKENNIE / POD 1

MONDAY — 6:35PM — 8:00PM — LP FIELD 5A-2
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5B-1
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 1B-2

**CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

FUTURES GIRLS

TUESDAY — 5:00PM — 5:55PM — LP FIELD 5
THURSDAY — 5:00PM — 5:55PM — LP FIELD 5

17G RODMAN / POD 1

MONDAY — 5:00PM — 6:25PM — LP FIELD 5A-1
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5B-2
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 1B-1

17G FOX / POD 1

MONDAY — 5:00PM — 6:25PM — LP FIELD 5A-1
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5B-2
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 1B-1

16G RODMAN / POD 1

MONDAY — 6:35PM — 8:00PM — LP FIELD 5A-1
TUESDAY — 6:00PM — 7:15PM — LP FIELD 6B-1
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5B-2

16G FOX / POD 1

MONDAY — 6:35PM — 8:00PM — LP FIELD 5A-1
TUESDAY — 6:00PM — 7:15PM — LP FIELD 6B-1
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5B-2



**VSA FALL 2025 PRACTICE SCHEDULE
U9-U10 POD 2
CLUB CONCEPT (CC) START: AUG 19
SCHEDULE SUBJECT TO CHANGE**

17B ADAMS / POD 2

WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5A-2
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7A-2

17B WEAH / POD 2

WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5A-2
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7A-2

16B ADAMS / POD 2

WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5A-2
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7A-2

16B WEAH / POD 2

WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5A-2
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7A-2

**CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

17G HEAPS / POD 2

WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5A-1
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7A-1

17G HATCH / POD 2

WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5A-1
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7A-1

16G HEAPS / POD 2

WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5A-1
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7A-1

16G HATCH / POD 2

WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5A-1
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7A-1

****POD 2 TEAMS WILL HAVE AN ADDITIONAL OPPORTUNITY FOR A THIRD SESSION THAT WILL BE COMMUNICATED BY THE
ZONE 1 DIRECTOR****



**VSA FALL 2025 PRACTICE SCHEDULE
U11-U14 ECNL RL & PRE-ECNL II
CLUB CONCEPT (CC) START: AUG 19
SCHEDULE SUBJECT TO CHANGE**

15B PRE-ECNL RL I VDA WEST

MONDAY — 6:35PM — 8:00PM — LP FIELD 5B**
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6A-1
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 3B-1

15B PRE-ECNL II

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6B

14B PRE-ECNL RL I VDA WEST

MONDAY — 6:35PM — 8:00PM — LP FIELD 5B**
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6A-1
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 3B-1

14B PRE-ECNL II

TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6B-1
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 3A-2

13B ECNL RL

MONDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 2A
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7A

12B ECNL RL

MONDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 6B-2
THURSDAY — 6:35PM — 8:00PM — LP FIELD 7A

****EVERY OTHER WEEK WILL BE AT HOWISON****

**CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

15G PRE-ECNL RL I VDA WEST

MONDAY — 6:35PM — 8:00PM — LP FIELD 5B**
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6A-1
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 3B-2

15G PRE-ECNL II

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6B-2

14G PRE-ECNL RL I VDA WEST

MONDAY — 6:35PM — 8:00PM — LP FIELD 5B**
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6A-2
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 3B-2

14G PRE-ECNL II

MONDAY — 5:00PM — 6:25PM — LP FIELD 6C-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6B-2

13G ECNL RL

MONDAY — 6:35PM — 8:00PM — LP FIELD 7A
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 7
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 7B-2

12G ECNL RL

TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 7
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7B-1
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 2B

****EVERY OTHER WEEK WILL BE AT HOWISON****



**VSA FALL 2025 PRACTICE SCHEDULE
U11-U12 PREMIER
CLUB CONCEPT (CC) START: AUG 19
SCHEDULE SUBJECT TO CHANGE**

15B PREMIER RED

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6C-1

15B PREMIER ROYAL

MONDAY — 5:00PM — 6:25PM — LP FIELD 6C-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 3A-1

14B PREMIER RED

MONDAY — 6:35PM — 8:00PM — LP FIELD 6A-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6C-1

14B PREMIER ROYAL

MONDAY — 6:35PM — 8:00PM — LP FIELD 6B-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 3A-1

**CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

15G PREMIER RED

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6C-2

14G PREMIER RED

MONDAY — 6:35PM — 8:00PM — LP FIELD 6A-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6C-2

14G PREMIER ROYAL

MONDAY — 6:35PM — 8:00PM — LP FIELD 6B-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 3A-2



**VSA FALL 2025 PRACTICE SCHEDULE
U13-U14 PREMIER
CLUB CONCEPT (CC) START: AUG 19
SCHEDULE SUBJECT TO CHANGE**

13B PREMIER RED

MONDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 7B-1
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 2A-2

13B PREMIER ROYAL

MONDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 1A
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7B-2

13B PREMIER WHITE

MONDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 6:35PM — 8:00PM — CRP FIELD 3B
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 2A

12B PREMIER RED

MONDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 6B-1
THURSDAY — 8:05PM — 9:30PM — CRP FIELD 2B

12B PREMIER ROYAL

MONDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 1B
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 2A-1

12B PREMIER WHITE

MONDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 6:35PM — 8:00PM — CRP FIELD 1A-2
THURSDAY — 8:05PM — 9:30PM — CRP FIELD 2A

**CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

13G PREMIER RED

MONDAY — 5:00PM — 6:25PM — LP FIELD 5B-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 7
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1A-1

12G PREMIER RED

MONDAY — 5:00PM — 6:25PM — LP FIELD 5B-2
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 7
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 3A

12G PREMIER ROYAL

MONDAY — 5:00PM — 6:25PM — CRP FIELD 2A
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 7
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7B-1



**VSA FALL 2025 PRACTICE SCHEDULE
U15-U19 ECNL RL
CLUB CONCEPT (CC) START: AUG 19
SCHEDULE SUBJECT TO CHANGE**

11B ECNL RL

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7A
THURSDAY — 5:00PM — 6:25PM — LP FIELD 76B

10B ECNL RL

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 7B
THURSDAY — 8:05PM — 9:30PM — LP FIELD 7A

09B ECNL RL

TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 6:35PM — 8:00PM — CRP FIELD 2B
THURSDAY — 6:35PM — 8:00PM — LP FIELD 7B

08/07B ECNL RL

TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:05PM — 9:30PM — CRP FIELD 2B
THURSDAY — 8:05PM — 9:30PM — LP FIELD 7B

**CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

11G ECNL RL

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 7A-2
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 2B

10G ECNL RL

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 2B
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7B

09G ECNL RL

TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
WEDNESDAY — 6:35PM — 8:00PM — CRP FIELD 2A
THURSDAY — 6:35PM — 8:00PM — LP FIELD 6B

08/07G ECNL RL

TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
WEDNESDAY — 8:05PM — 9:30PM — CRP FIELD 2A
THURSDAY — 8:05PM — 9:30PM — LP FIELD 6B



**VSA FALL 2025 PRACTICE SCHEDULE
U15-U16 PREMIER
CLUB CONCEPT (CC) START: AUG 19
SCHEDULE SUBJECT TO CHANGE**

11B PREMIER RED

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 3B
THURSDAY — 5:00PM — 6:25PM — LP FIELD 6A

11B PREMIER ROYAL

MONDAY — 7:00PM — 8:25PM — CRP FIELD 1A
TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 6:35PM — 8:00PM — CRP FIELD 1B

11B PREMIER WHITE

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 6:35PM — 8:00PM — CRP FIELD 1A-1
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7B-2

10B PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 6A
TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 6A

10B PREMIER ROYAL

MONDAY — 8:05PM — 9:30PM — LP FIELD 6B
TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 8:05PM — 9:30PM — CRP FIELD 1B

**CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

11G PREMIER RED

MONDAY — 5:00PM — 6:25PM — LP FIELD 7B
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 5A

11G PREMIER ROYAL

MONDAY — 6:35PM — 8:00PM — CRP FIELD 2A
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7B-1

10G PREMIER RED

TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7B-2
THURSDAY — 8:05PM — 9:30PM — CRP FIELD 1B

10G PREMIER ROYAL

MONDAY — 5:00PM — 6:25PM — LP FIELD 7A
TUESDAY (CC) — 7:15PM — 8:15PM — LP FIELD 6
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1A-2



**VSA FALL 2025 PRACTICE SCHEDULE
U17-U19 PREMIER
CLUB CONCEPT (CC) START: AUG 19
SCHEDULE SUBJECT TO CHANGE**

09B PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 7B
TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 1A-2

08/07B PREMIER RED

MONDAY — 6:35PM — 8:00PM — LP FIELD 7B-1
TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:05PM — 9:30PM — CRP FIELD 1A

08/07B PREMIER ROYAL

TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:00PM — 9:30PM — CRP FIELD 1A
THURSDAY — 8:00PM — 9:30PM — CRP FIELD 3A

**CATHARPIN PARK (CRP) — 4805 SUDLEY RD
CATHARPIN, VA 20143
LONG PARK (LP) — 4603 JAMES MADISON HWY**

09G PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 5A
TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
WEDNESDAY — 6:35PM — 8:00PM — CRP FIELD 3A

08/07G PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 5B
TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
WEDNESDAY — 8:05PM — 9:30PM — LP FIELD 5B

08/07G PREMIER ROYAL

MONDAY — 6:35PM — 8:00PM — LP FIELD 7B-2
TUESDAY (CC) — 8:15PM — 9:15PM — LP FIELD 6
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 1A-1

