



UNITED RECREATIONAL SOCCER LEAGUE

URSL Gameday Shortcuts

High School Division 7v7

Play 7v7

Goals 7x21 recommended, 8x24 allowed

Game time – 2 x 35, 5 min halftime

Ball size 5

Unbalanced score rule (please read the full rule on the league website)

Plus 5 goals add a player

Plus 6 goals add another player

Plus 7 add another player

These additional players STAY ON until the score differential has been reduced to plus 3