



U15 Girls 2010 – Red Stars

Coach: Quinn Khouri	Email: quinnkhouri@gmail.com	Phone: 443-605-4938
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Approximate Summer Dates: July 15- August 15	Two practices a week
Summer Tournament/Scrimmagefest Dates:	- TBD
Approximate Fall Dates: August 15-November 15	- Two practices per week
Clubwide Technical Training	- Once per week Fall
League: 11v11	- EDP
Fall Tournament Dates:	- Beach FC- Virginia Beach—October 12-13, 2024 - Columbia Fall Classic—November 23-24, 2024
Approximate Winter Dates: January 2-March 15	- One indoor and one outdoor practice per week
League:	- Maryland United Winter Outdoor League
Winter Tournament Dates:	- Baltimore Mania—March 29-30, 2025
Approximate Spring Dates: March 15-June 10	- Two Practices per week
Clubwide Technical Training	- Once per week Spring
League: 11v11	- EDP
Spring Tournament Dates:	- Columbia Invitational- May 24-25, 2025
Club Fees: <u>\$2200</u>	- Coach fee; Field Rental; Indoor Space Rental; Insurance; Registrations; League Fees; Referee Fees; Club Administration fee; etc.
Projected Team Fees: Estimated at- <u>\$370</u>	- Tournaments Fee; Coach Travel Expenses; Winter League Fee

For further details and explanation about the fees please visit the Fees page on our website.



What to Expect When Playing with Thunder Soccer Club

The Club Will:

- Provide training for field players and goalkeepers in a safe and challenging environment designed to inspire all players to achieve a high level of success.
- Provide training curriculum that is appropriate for both the age and competition level while emphasizing technical competence, tactical understanding, soccer-specific physical conditioning, and character development delivered by our highly qualified and committed coaching staff.
- Provide additional information developmental programming to include:
 - college preparation for U15 and older
 - additional technical and goalkeeper training
 - nutritional counseling
 - injury prevention
 - speed and agility training
- Seek most appropriate and quality tournament and league for each team.

The Player Will:

- Attend all scheduled training sessions and games. Absences due to illness, family functions and school activities should be communicated to the team Coach ahead of time.
- Desire high-level competition in a competitive training environment.
- Participate in all activities with appropriate concentration and focus.
- Perform to the best of their ability in training and games.
- Report to training and games in a timely fashion with appropriate attire and gear.
- Communicate with the team Coach about any problems, concerns, or questions relative to the player or team.
- Players are encouraged to have open dialogue with their Coach.

The Parent(s) Will:

- Commit to a full year with a team in the club. (Refunds will not be issued)
- Pay registration fees on time; purchase uniform; participate equally in other team related expenses (i.e. tournaments, league travel, etc).
- Assist Thunder Soccer Club's efforts in developing player decision making abilities by not offering instructions (coaching) from the sidelines during any match or training session.
- Assist the players in reporting in a timely fashion to training and games with appropriate attire and gear.
- Assist the player in communicating with the team Coach to address any questions or concerns about playing time, positions, status on the team, club rules, etc.
- Entrust soccer decisions to the coach(es).