



# 2025 Annual General Meeting

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@MinnesotaWomensSoccerLeague

[www.mwsl.org](http://www.mwsl.org)

# Agenda

- Welcome and Introductions
- National, Regional, & State Updates
- State of the League
- Board & Committees
- Board Elections
- Summer Registration  
(Team and Player)
- Fees, Fines, Field Info,  
and Schedules
- Game Day Information
- Fall League
- Winter League
- Tournaments
- Q and A

# Introductions

- Alyssa Rupp, President (Fireflies, 6 years on Board)
- Diana Yang-Lee, Vice President (Hornets, 3 years on Board)
- Steph Gallatin, Secretary (Mavericks, 1 year on Board)
- Amy Colegrove, Commissioner (Fireballs, 1 year on Board)
- Karissa Richardson, Fields and Schedule Coordinator (3rd Half Champs, 15+ years on Board)
- Julie Stolarski, Treasurer (3rd Half Champs, 2 years on Board)
- Lauren Smith, At Large (MPLS Unity, 3 years on Board)
- Lindsay Arnett, At Large (3rd Half Champs, 1 year on Board)

# Board and League Information

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# National, Regional, and State Updates

- United States Adult Soccer Association (USASA)
- USASA Region II
- Minnesota Soccer Association (MSA)



# State of the League

## 2024 Accomplishments

- 2,408 total player registrations in 2024 (including Charity Tournament)
  - Up about 200 from 2023
- Charity Tournament benefited Hope Chest for Breast Cancer
- Player and Team Feedback form creation

# State of the League

## 2025 Important Updates

- Working to find additional field resources and expanding the league as it allows
- Still serious referee shortage
- New scheduling system within Demosphere (you'll notice the web schedule appears differently, as well as gameday rosters).

# State of the League

## 2025 Treasurer Update

- Field and ref fees have NOT increased since 2022!
- Other support fees (website hosting, banking and transaction fees, Zoom, Demosphere, insurance, etc.) have gone up
- The Board is increasing team registration from \$300 to \$350
  - Avg cost of the increase comes to .33 per player per game (125 team registrations per year, 10 games per season, 15 players per team)
  - This proposed increase allows us to break even on an annual basis
- Thank you all for paying your fees on time!



# Board and Committees

- The MWSL operates under a board and committees.
  - Six officers have specified roles and emails they monitor related to their position.
  - At-large members support the board as a whole and help where needed.
  - All members have voting powers and serve at least a one year term.
- Monthly board meetings
- Attendance and commitments are purposefully kept flexible as we are all volunteers.
- More than ever, we are looking for help as folks transition. Some areas of need relate to...
  - Treasurer, and Fields & Schedule roles
  - At large members (social media, marketing and growth, outreach, web maintenance, etc)

# Board Positions

- Board positions include:
  - President
  - Vice President
  - Secretary
  - Treasurer
  - Field and Schedule Coordinator
  - Commissioner
  - At-large members
- Read about these positions [here](#)

# Committees

- Marketing/Growth & Website Committees have existed historically
- Charity Tournament:
  - Soliciting teams and donations
  - Coordinating swag, food, logistics, and orders
  - Day-of volunteers
  - Several opportunities of varying involvement
  - Contact committee at [info@mwsl.org](mailto:info@mwsl.org) for more info

# How to Get Involved

- Attend a board meeting
- Volunteer at the Charity Tournament or as part of the committee
- Join as a Board member
- Assist with a very specific, one-time task
- Volunteering with the MWSL is what you make of it. We have tasks and on-going projects to fit nearly every level of time commitment and difficulty.
- Email [info@mwsl.org](mailto:info@mwsl.org) if you're interested or have questions.

# Board Elections

Position	Current/Out-Going/Acting	Running
President	Alyssa Rupp	Alyssa Rupp
Vice President	Diana Yang-Lee	Diana Yang-Lee
Treasurer	Julie Stolarski	Julie Stolarski
Secretary	Steph Gallatin	Steph Gallatin
Commissioner	Amy Colegrove	Amy Colegrove
Fields & Schedule Coordinator	Karissa Richardson	Karissa Richardson
At-Large	Lauren Smith, Lindsay Arnett	Lauren Smith, Lindsay Arnett

# Summer League Information

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# Summer Team Registration

## Team Registration open March 15th - April 15th

- 11v11 for Divisions 1- Rec
- 7v7 for Rec
- Full team registration fee of \$350 due upon registration
- If you are a returning team, but with a new name, notify MWSL
- This step is purely a team application. Managers and players still have to complete a player registration in a subsequent registration process.

# Summer Team Registration

## Team Registration open March 15th - April 15th

- Make sure to register your team under the appropriate division **based on skill level, NOT the nights of play.**
  - The MWSL reserves the right to assign teams to a division
  - Unsure of which division your team fits? Read about them [here](#)
- Register your team by visiting [www.mwsl.org](http://www.mwsl.org) and clicking on the registration link on the homepage. A [how-to](#) guide is available to help if you get stuck.
- Whomever registers the team will be considered the main team manager. All fees will be charged to this person.



# Summer Player Registration

## Player Registration open April 28th - July 1st

- Once all team registrations has been approved, you'll receive a notification for players to begin registering around April 28th.
  - Players are responsible for their own registration, DO NOT register for others.
  - Players will instantaneously appear on the app and with the player passes. They will not however show up instantaneously on the printed game-day roster. Please allow a few days for newly registered players to appear on game-day rosters.
- Players must pay the \$26 player registration fee and upload an acceptable photo for their player pass.
- Players **will not be permitted to play** without registering and providing their printed player pass. NO EXCEPTIONS.

# Summer Player Registration

## Player Registration open April 28th - July 1st

- Register as a player by visiting [www.mwsl.org](http://www.mwsl.org) and clicking on the registration link on the homepage. A how-to guide is available to help if you get stuck.
  - Everyone needs to complete a registration, including any managers who do not actively play
  - Managers who aren't players, please register as a "Team Staff/Volunteer" only
  - Managers who double as players will register under two designations (see how-to doc)
- Players may register under more than one team. Any subsequent registrations will have a 100% discount applied for the player registration fee.
- DO NOT create separate accounts or create a new one if you've forgotten your login credentials. This creates havoc on the backend. Please reach out to Demosphere support to assist you in resetting your account!

# Looking for Players, Looking for a Team?

- The MWSL Facebook page and Facebook group are great places to find players for your team, or find a team looking for players.
- <https://www.facebook.com/groups/100700165326/>
- The MWSL does not place players on teams, but we ask you be realistic about finding player that fit your team's skill level/division.
- We are hoping to develop further resources that don't involve social media.

# Fees and Fines

## Up-front Fees

- Team Registration Fee: \$350
- Performance Bond: \$350 (last increased in 2023)
  - Performance bond due...
    - May 1st for D2, D3, D4 and Rec
    - May 15th for D1
  - Failure to fulfill performance bond by deadline will result in a weekly late fee. You'll be notified when your account is charged.
  - If payment is not received by first game, the team will be removed from the schedule. Any games that take place during that time will be considered a forfeit in the standings.
  - Check with MWSL Treasurer to see if you've had money carry over from last summer
- Player Registration Fee: \$26

# Fees and Fines

## Referee Fees - paid at halftime of each game

- 2025 Fees
  - 3 Referees - \$258/game or \$129/team
  - 2 Referees - \$184/game or \$92/team
  - 1 Referee - \$110/game or \$55/team
  - 7v7 -1 Referee- \$66/game or \$33/team
- Managers should ALWAYS have cash or check on hand to pay referees. Venmo is an option if agreed upon, but it should not be your only option.

# Fees and Fines

## Field Fees - paid to league after first game

- If MWSL is scheduling your fields, 2025 Field Fees will be charged to your team manager's account (this only includes home games).
- Costs are equally divided amongst all teams
  - 2024 Field Fees for the year averaged \$585 per team
  - Projected 2025 cost - \$110 per home game

# Fees and Fines

## Fines

- Refer to the [Fees and Fines](#) document on our website
- Team managers especially, please be familiar with these fines, especially for game forfeits
- Fines are deducted from your performance bond. If your performance bond is depleted, you will be notified and have 7 days to replenish it, otherwise future games will be cancelled.

# Fields

## Scheduling Fields

- MWSL will continue to schedule fields for teams unless you secure your own.
  - If the MWSL schedules your team a field, your team is responsible for the cost.
  - As soon as the schedule is completed, we send payment to the fields so your team is responsible for the cost regardless if you obtain other fields.
- Teams may indicate preferences for home fields by emailing [fields@mwsl.org](mailto:fields@mwsl.org) and we'll try to make accommodations where we can. No guarantees.
- Why let MWSL schedule your fields?
  - Many field coordinators are not open to working with teams
  - Reduces game modifications/changes for MWSL Field and Schedule Coordinator



# Fields

## Reserving Your Own Fields

- Email [fields@mwsf.org](mailto:fields@mwsf.org) by **April 8th** if you are scheduling your own fields as the schedule will be made soon after.
- When you find fields, also include the following details in your email:
  - Team name, date of game(s), field location and number (if applicable), and street address if the field is not currently used by the MWSL.
  - We need this info 2 weeks prior to your first game

# Fields

## MWSL Contracted Fields

- 2025 contracted fields
  - Victory Park
  - Johnny Cake Ridge Park East - Apple Valley
  - Coon Rapids
  - Mounds View School District
  - Likely will have space at St. Thomas Academy
  - Please do not contact these fields directly

# Fields

## Field Locations

- MWSL requires fields to be within 35 miles from the Minnesota State Fairgrounds
  - Based on this address: 1265 North Snelling Ave, St. Paul, MN 55108
- Field size requirement
  - 110-120 yards (100-110 m) long
  - 70-80 yards (64-73 m) wide

# Game Schedules

- Schedules will be available in **late April/early May** on our website and on your Demosphere app.
- The MWSL cannot promise we will provide home games for dates you reserve with your own fields ahead of the schedule being posted.
- Bye Weeks (subject to change):
  - All division: June 30 - July 4 (4th of July) and July 14-18 (USA Cup)
  - These dates can be used for some limited reschedules
- We may need to add additional byes due to field availability

# Game Day Information

## Weather

- The league will cancel games **only** under the following circumstances:
  - Field manager closes the field
  - Referees, **at the field**, deem field conditions are unplayable or unsafe
  - Air quality index (AQI) is 150 or higher for the region at 3pm on gameday
- If a game is called off before making it to halftime because of weather, each team will have \$15 deducted from their performance bond.

# Game Day Information

## Weather

- Excessive heat: The MWSL does not cancel games for excessive heat. Teams can mutually agree to reschedule and/or take precautions.
- We'll do our best to communicate quickly via social media, email, and website when weather-related decisions have been made.
- Further details can be found in the [MWSL Weather Policy](#), including your options for rescheduling/postponement/forfeiting.

# Game Day Information

## Forfeits and Game Changes

- If you must forfeit a game, make changes to it's time or location, or reschedule, email [fields@mwsl.org](mailto:fields@mwsl.org) **and** [info@mwsl.org](mailto:info@mwsl.org) ASAP.
  - **You** are responsible of notifying the other team manager of said change, not the league.
  - Team manager contact info is provided on the [Contact page](#) of our website
- Fees regarding forfeits:
  - Team forfeit/changes game/or reschedules between 48 hours and noon on game day – \$50
  - Team forfeit/changes game/or reschedules after noon on game day – \$50 + full referee fee
- All fines deducted from performance bonds. Do not pay fines at the field.

# Game Day Information

## Player Passes

- Player passes remain physical for 2025 and you must present a valid player pass to play
  - An appropriate photo must be used
  - Team managers are responsible for printing and distributing their players' passes.
  - We recommend laminating your passes and you can hand them out individually, especially if people want to sub.
  - A second form of ID (such as a driver's license) is not needed on gameday.
  - A [how-to guide](#) is available on our website
- We continue to request digital player pass functionality that each individual player can access.



# Game Day Information

## Rosters

- Only official rosters printed via the MWSL website will be accepted.
- Each team must present a roster to the referee on gameday.
- Anyone has access to print game day rosters, [how-to](#) guide here.
- For both 11v11 and 7v7 games, you may have a **maximum of 6 write-ins** (written in by hand at the field) on your roster. All players must have a valid MWSL pass.
  - Players can register for more than one team (as long as they are digitally printed on the roster, they would not count as a write-in).

# Game Day Information

## Roster population won't happen instantaneously, player passes will!

- A board member has to take multiple steps to get a player to appear on a printed gameday roster. Please be patient, they can always be written in for the short term.
  - We try to do this at least **every Sunday night** before a new week of games. We cannot guarantee roster appearance after that.
- Player passes and one's appearance in the app will happen as soon as they register.

# Game Day Information

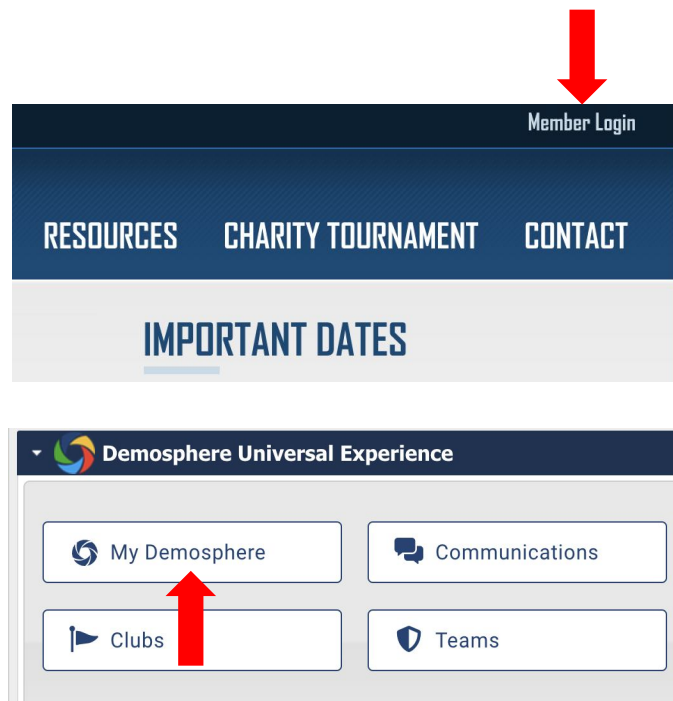
## Field Lights

- Most field lights are automatic and do not require teams to turn them on and off.
  - Victory Park in New Hope: lights are automatic but if issues arise, contact Justin
- MWSL-contracted fields that have light directives:
  - Coon Rapids: teams need to turn the lights off after use by using the lock box
  - Hazelwood: teams need to turn the lights off after use by using the lock box
- Refer to [how-to](#) guide on lights for contact info
- If the lack of light prevents a game from taking place or interrupts one in progress, the league will respond on a case-by-case basis.

# Game Day Information

## Demosphere Mobile App

- Everyone can download this app and utilize as you wish. Its features include...
  - Game schedule
  - Attendance for each game on the calendar
  - Send messages to team and individuals
- Learn more about its capabilities [here](#)
- A desktop version of the team platform exists by logging into [mwsf.org](http://mwsf.org) and then clicking “My Demosphere”



# Game Day Information

## Jewelry

- **ABSOLUTELY NO JEWELRY, NO EXCEPTIONS.** This is a FIFA regulation.
  - This includes sports watches, covering sports watches with a sweat band or tucking it in other clothing
  - Covering jewelry with tape is not acceptable
  - 'Permanent' jewelry is also not acceptable
- Please do not argue with referees about it. They have every right to ask you to leave the field of play until it comes out/off. Refusal to do this can result in a card for unsporting behavior and mention of jewelry in a game report will result in a team fine of \$50.
- Consistency in enforcement begins with the players on the field.

# Game Day Information

## Injury Claims

- If you get injured during a game, make sure the referee makes note in their game report (even if you think you won't need medical care).
- Report your injury to the league by filling out [this form](#) within 90 days
- We've created a page on our website with all the help guides and information needed to [Report Injuries](#)
- Any questions regarding injuries should be directed toward our commissioner, at [commissioner@mwsf.org](mailto:commissioner@mwsf.org)

# Game Day Information

## What are home teams responsible for on gameday?

- Home teams are responsible for the following...
  - Corner flags
  - [Goal anchors](#) (in the event a field doesn't already have them in place)
  - Game ball
  - Changing jersey color if it conflicts with the opposing team
- A [Summer Guide for Team Managers](#) lives on our website to help direct new managers or refresh returning ones.

# Sportsmanship and Player Conduct

- MWSL is an amateur league
  - Goal is to have fun and be SAFE
  - Look out for your teammates, your opponents, and your referees.
- Rules and Regulations
  - IFAB Laws of the Game and MWSL Rules & Regulations
  - Player and member insurance
  - Player and referee safety
- Unsportsmanlike behavior **is not** tolerated
  - Yellow and Red Cards are documented in the game report and tracked within Demosphere
    - Red Cards in MWSL may mean multiple game suspensions  
(i.e.- violent conduct or referee dissent)



# Sportsmanship and Player Conduct

- MWSL Player/Team Feedback Form
  - [https://docs.google.com/forms/d/1L0Y7pNoPCz2b\\_R-4RkLcRUIMUbAhKZljmpDN5hfiK-M/edit](https://docs.google.com/forms/d/1L0Y7pNoPCz2b_R-4RkLcRUIMUbAhKZljmpDN5hfiK-M/edit)
  - All submittals will be reviewed by the commissioner, documented and addressed within the MWSL Board.
  - Can be found on our website: [mwsl.org/resources/player-and-team-feedback](https://mwsl.org/resources/player-and-team-feedback)
- Disciplinary Guidance
  - Work in progress
    - Defines process for addressing Cautions & Send Offs
    - Discipline not linked to Caustions or Send offs
    - Player/Team Feedback Form
    - Fines & Suspensions

# Additional Information

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# Fall League

- Runs September - October 2025
- Takes place at Hazelwood Park in Maplewood
  - Wednesday nights (11v11 Competitive): 6:30 and 8:30pm start times
  - Tuesday nights (7v7 Rec and Semi-Comp): 7:00, 8:00, and 9:00pm start times (previously Thursday nights)

# Winter League

- Winter 2025/2026 is dependent on field availability
  - Tuesday nights
  - 3 divisions (competitive, semi-competitive, and recreational)
  - WSP Dome & Conway in Maplewood (other options being explored)
  - 7:00pm, 8:00pm & 9:00pm (maybe 10:00 pm)
- More information to come via MWSL website and social media platforms
- Possible boarded league at Smash Hub

# Tournaments

## Ancient Rangers Tournament

- Women's over 30 tournament
- September 9-10th (4 games over Saturday and Sunday)
- 11v11 & 8v8, outdoor games at the National Sports Center
  - 7v7 started in 2019; well received. More teams would = better split of Rec/Comp
- Cost around \$35 per player depending on roster size

# Tournaments

## Charity Tournament

- May 3rd, 2025
- West St. Paul Sports Dome
- \$400 team registration fee
- 7v7, with competitive, semi-competitive, and rec divisions, 3 game minimum, 15-20 minute halves
- \$5 player registration fee
- Silent auction, player swag, swag store, food truck, and fun!
- Benefits **Her Next Play**
- Space per division is limited
- Visit [mwsl.org/charity-tournament](https://mwsl.org/charity-tournament) for more info.

Beneficiary	Donation
2012 Tubman	\$5,687
2013 Women's Advocate	\$6,700
2014 MOCA	\$8,275
2015 Cornerstone	\$7,016
2016 Alliance Housing Inc.	\$8,501
2017 Operation Glass Slipper	\$14,441
2018 Girls Circle H.E.A.R.T	\$8,342
2019 Like A Girl	\$6,500
2020 & 2021	No tourney
2022 MWSL	\$4,000
2023 Kaitlyn's Kloset	\$7,724
<b>2024 Hope Chest for Breast Cancer</b>	<b>\$6,825</b>

# USASA AED Program

- USASA is providing all members the ability to purchase an AED at a discounted rate, with an additional \$250 rebate.
- Fill out a form with proof of purchase to get the rebate.
- For more information and the form to fill out, visit [www.usadultsoccer.com/aed](http://www.usadultsoccer.com/aed).



# Q and A

We'll do our best to answer your questions!





# Thank You for Coming!

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@MinnesotaWomensSoccerLeague

[www.mwsl.org](http://www.mwsl.org)