



## Welcome!

### Rush Union Update

September saw the official kickoff of the fall season with our competitive, recreational and Thunder programs all having their opening day after Labor Day weekend. Our G2010 Royal team competed in the SCCL Cup, finishing as finalists and just missing qualifying for nationals. Congratulations to them! Our additional programming has also started, including Advanced Recreational Training, Futsal, and Brazilian Skills and have been very well attended.

Our commitment to supporting our parents as they navigate the difficult world of sports parenting does not stop. We offer a FREE membership to the Soccer Parenting Association for Rush Union members. Please scan the QR code at bottom of this newsletter to take the Sideline Pledge and gain access to a whole host of resources from videos to articles, to online courses.

We are hosting two more USSF Grassroot Coaching Courses in October at our Dunwoody location. This will be the fourth coaching course we have hosted this fall season, putting us at the forefront of Grassroot Soccer Education in Georgia. To learn more about the courses offered please visit the US Soccer Learning Center.

Thanks to the great work of the Rybos family we have an amazing new spirit wear store. The store opened in early August and boasts a vast array of Rush Union items. A portion of all sales go back to supporting Rush Union. We are very excited to show our Rush Union pride in the soccer community with the amazing, updated apparel. Please get your orders in NOW! More information is included below in the newsletter.

Additionally, we have created a new means for parents and players to share their Rush Union photos with us. Please email photos or videos to [socialmedia@rushunionsoccer.org](mailto:socialmedia@rushunionsoccer.org). When sending any media, please identify the Event, Team Name, Rush Union location, and if any player is highlighted, their name.

We will have a wide range of winter programs available to our members including indoor and outdoor skills clinics, camps and weekly small-sided leagues and events. Registration for all winter programs opened on September 30, please check our website for all the details and to register.

Our Milton girls coaches hosted "Girls Pasta Dinner Night" which was a huge success. See below for some of the images from the evening. A special thanks to Coach Helena and Coach Cookie for organizing the event and making it special for our players and their families. Please look for future community building events as we continue to find innovative ways to engage our membership.

Speaking of Community engagement, we are excited that our Rush Union Atlanta Night is Saturday October 5<sup>th</sup> at Mercedes Benz stadium. Many of our players will be participating in a variety of experiences that include the "High Five Tunnel, Player Escorts and Flag Bearers." Congratulations to all those selected to represent Rush Union at the game. We are excited to see our families at the Atlanta United game as the team strives for a place in the MLS playoffs.

October 2024

# R|U RUSH UNION R|U in?

Although the FIFA World Cup is a little under two years away, planning started months ago. Rush Union is leading the charge with many exciting opportunities for players and families just around the corner. We will need help from our membership. Please look for a call to action later this fall as we start to formalize ideas into reality. Watch parties, sponsorships, programs and community engagement are just some of the things being discussed.

If you have any questions about Rush Union, our programs or anything soccer related please reach out to our staff at any time.

Thank you for being part of our Rush Union family. We look forward to seeing you back on the field soon.

R|U Ready?



**Neil McNab Jr.**  
CEO Rush Union



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## OCTOBER 2024



Monday September 30	Winter Program Registration Opens 
Saturday October 5	Atlanta United Rush Union Night 
Sat-Sun October 12-13	Fall Break No Games 
Week of October 28	Halloween Practice Wear your Halloween costume to practice.. 
Thursday October 31	<b>HAPPY HALLOWEEN BOO!</b> Practices Canceled

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## Social Media

Like us on Facebook and follow us on Instagram & Twitter

Rush Union

[www.Facebook.com/rushunionsoccer](https://www.facebook.com/rushunionsoccer)

Instagram: @RushUnion

Twitter: @Union\_rush

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# RIU RUSH UNION RIU in?

*Congratulations to our G2010 Royal team, finalists of the SCCL Cup!*



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# RIU RUSH UNION RIU IN?



*Our girls groups in Milton had a blast at the Rush Girls Pasta Night! Look for more fun community nights in the future!*

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*Winter Program Registration is now OPEN at both locations!*

## RUSH UNION 2024/2025 WINTER PROGRAMS

REGISTRATION OPENING  
SEPTEMBER 30TH!

### DEKALB LOCATION

ADVANCED WINTER TRAINING  
RECREATION WINTER TRAINING  
RECREATION WINTER GAMES  
JANUARY 7V7 LEAGUE  
HIGH SCHOOL TRYOUT PREP



### MILTON LOCATION

REC 4V4 GAME PLAY  
REC SKILLS CLINICS  
PRE ACADEMY SKILLS  
RUSH UNION CUP-7V7 LEAGUE



[RUSHUNIONSOCCEr.ORG](https://RUSHUNIONSOCCEr.ORG)



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**Get all Spirit Wear now!**

**[WWW.RUSHUNIONSTORE.COM](http://WWW.RUSHUNIONSTORE.COM)**

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*Save the dates... Rush Union Fall Cup will be on November 16-17, 2024!*

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# RIU RUSH UNION RIU IN?



## Our Request for Good Sideline Etiquette

<https://www.rushunionsoccer.org/>



- Be the role model on the sideline you want your kids and neighbors to see.
- Let kids be kids. Chaos is OK! There are no 'important' games. Just enjoy it!
- Coaches and referees. Everyone is a volunteer.
- "Coaches Coach, Referees Ref, Players Play, Parents Cheer!"

### How You Can Help (Your Child)

1. Be relentlessly positive with all players, referees, coaches. We're all neighbors!
2. When cheering - simply be encouraging, not directing with "instructions".
3. Please keep the focus on FUN! (not game outcomes)
4. Tell your child after every game: "I love watching you play!"

**THANK YOU!**

Check out the link below to join to gain access to articles, interviews, courses, and more-created specifically for youth soccer parents. Paid for by the Rush Union leadership.



**SCAN ME**  
to learn more



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## **SPONSOR HIGHLIGHT:**



Experience Unforgettable Luxury Family Adventures - Expertly Planned Just for You!

As a certified luxury travel specialist with a passion for creating memorable family vacations, I take the stress out of travel planning so you can focus on making lifelong memories. My personalized services are always **\*\*FREE\*\***, and I leverage my industry connections to secure exclusive perks and upgrades for my clients.

### About Me

I'm Cara, a travel enthusiast and proud mother of two Rush Academy boys, ages 12 and 9. Having traveled with my family since they were tiny, I understand the unique needs of families on the go. Originally from London, England, I bring a global perspective to every trip I plan.

### My Specialties

- Disney & Universal Expertise: As a Certified Disney Agent, I ensure you get the most out of your magical trip. With extensive knowledge of Universal parks, I can help you navigate your adventure seamlessly.
- Cruises & Luxury Resorts: I specialize in planning unforgettable cruises and luxurious stays in the Caribbean and Mexico. Whether you're looking for relaxation or adventure, I can find the perfect fit for your needs.
- Worldwide Travel: From island hopping in Greece to wine tasting in France or exploring the vibrant culture of Italy, I can plan trips anywhere in the world.

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October 2024

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## Popular Destinations

- Florida: Enjoy thrilling theme parks, beautiful Gulf beaches, vibrant Miami, or the laid-back charm of the Florida Keys. Consider a Caribbean cruise from one of Florida's many ports—there are incredible deals available now!
- National Parks: Explore America's stunning natural beauty with trips to Yellowstone, Grand Canyon, Yosemite, and more. Reconnect with nature through hiking, kayaking, and wildlife spotting.
- City Breaks: Experience the culture and cuisine of New York City, Washington D.C., Boston, or Chicago. Or enjoy a staycation in Atlanta or a mountain retreat in Blue Ridge or Gatlinburg.
- Hawaii: Discover the unique beauty of each Hawaiian island—adventure in Kauai, romance in Maui, family fun in Oahu, and nature on the Big Island.

## Client Testimonials

"Cara helped me plan our family's Universal Studios and Disney trip. This was our first time going, and I was overwhelmed! She guided me through all the options and answered my many questions, putting my mind at ease. I would definitely recommend Travel by Cara!"

— Kara E., Virginia

"Cara was recommended to me through a mutual friend, and she is excellent! She is planning a trip to Canada for us while considering each person's interests. She has been a joy to work with—very responsive and attentive to our needs. I cannot recommend her highly enough!"

— Anuskha T., Atlanta

## Let's Start Planning!

Whether you're seeking adventure or relaxation or both!, I would love to help you create unforgettable travel memories. Contact me today to start planning your dream family vacation!

[www.travelbycara.com](http://www.travelbycara.com)

[info@travelbycara.com](mailto:info@travelbycara.com)

404-542-6322

Socials [@travelbycara](#)

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